



Activity 1 - Facts and stats quiz

Name: _____

- 1. Approximately how many British people experience a diagnosable mental health problem in a year?** (circle your answer)
a. 1 in 4 b. 1 in 10 c. 1 in 50 d. 1 in 1,000
- 2. Approximately how many people worldwide have a mental health problem?** (circle your answer)
a. 100 b. 50,000 c. 450 million d. 800 million
- 3. In Britain 1 in 10 children between the ages of 1 and 15 has a mental health disorder?** (circle your answer)
True or **False**
- 4. Approximately how many people in England have a learning disability?** (circle your answer)
a. 200 people b. 21,000 people c. 565,000 people d. 985,000 people
- 5. Approximately how many children in England have a moderate or severe learning disability?** (circle your answer)
a. 55 to 75 b. 550 to 750 c. 55,000 to 75,000 d. 555,000 to 750,000
- 6. What percent of people living with a learning disability, who are of working age, have a paid job?** (circle your answer)
a. 1.7 percent b. 17 percent c. 27 percent d. 57 percent
- 7. Up to 80% of people who experience mental health problems will make a full recovery?** (circle your answer)
True or **False**
- 8. What percent of the UK population experience depression in any one year?** (circle your answer)
a. 6 percent b. 9 percent c. 12 percent
- 9. Mixed anxiety and depression is the most common mental disorder in Britain?** (circle your answer)
True or **False**
- 10. 1 in 5 young people said they would find it hard to talk to another young person with mental health problems?** (circle your answer)
True or **False**

Your score: _____